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MUP Project Description

Indented use for residential units located 5761 Mountain Hawk Dr.

Zoning: CN-SR – Community Care Facility, 24 beds

Pura Vida Recovery Services proposes to operate a community care facility (24 beds) in the form of one monitored detoxification and withdrawal management/residential addiction treatment facility in Suites 201 through 207 at the above address, with the facility managed by a single staff. Clients will share a bedroom with one other clients in the two bedroom two bathroom units.

What is a medically monitored detoxification and withdrawal management/residential treatment facility?

Our monitored detoxification and withdrawal management/residential treatment facility serves persons with substance abuse and addiction diagnoses. These clients are provided services and assistance designed to meet the specific needs of their substance abuse and to treat their addiction.

Monitored detoxification and withdrawal management facilities are staffed by medical assistants, treatment technicians, and registered and certified drug and alcohol counselors, and supervised by a registered nurse and medical doctor. Upon admission clients meet with a medical doctor either on-site or off-site to set up a treatment plan, to be administered by the day to day staff.

Detailed duties include:

Obtaining medical histories, monitoring health status, testing associated with detoxification from alcohol and or drugs(point of cup urine toxicology screening), providing alcoholism or drug abuse recovery or treatment services, overseeing patient self-administered medications, and treating substance abuse disorders, including detoxification. In the event that a medical emergency occurs or the delivery of medical services becomes necessary, staff contacts a medical transport and clients are taken to the appropriate level of care.

Clients are housed in a regular residential bed, fed nutritious meals, bathe and use the restroom independently, and administer their own medications under the supervision of staff. During the first 24 hours after admission clients have their vitals checked every hour and get a bed check every 15 minutes. After 24 hours clients have their vitals checked every 4 hours.

Our facility is an ambulatory facility. Whenever it is beneficial clients are expected to move around and engage with other clients and staff as part of their recovery. None of our clients are bed-bound or non-ambulatory for the duration of their stay. Clients improve their health through nutrition, medication assistance, and case management, mental health treatment, and

life skills counseling. There is no limit on length of stay, however clients usually stay between 7-30 days based on their needs.

Community Care Facility: A facility, place, or building that is maintained and operated to provide non-medical residential care, which may include home finding and other services, for children and/or adults, including: the physically handicapped; mentally impaired, mentally disordered, or incompetent; developmentally disabled; court wards and dependents; neglected or emotionally disturbed children; the addicted; and the aged.

Conclusion:

Our facility will directly meet the definition of community care by providing non-medical residential care for the addicted including but not limited to monitoring and observing clients during the detoxification process, providing addiction education and relapse prevention services. All services are observational in nature and not designed to medically treat any conditions, rather to observe and monitor clients in order to ensure treatment by an off-site medical professional is not necessary. Our contracted nurse provides oversight of all staff to maintain quality assurance, but does not directly deliver services to clients, and our contracted Medical Doctor can see clients on site or at his office to assess clients and coordinate treatment planning.

Neighborhood Impact:

Detox/residential clients do not have vehicles while at Pura Vida and will not impact parking at the above address. In addition, clients are required to stay within the facility to ensure proper monitoring of their health status, and will not be wandering the property or engaging with other tenants or the general public. In addition, new clients are almost exclusively admitted to the program during business hours, so there will be no after-hours traffic to and from the residential units.

Number of Staff: 12 maximum at any given time.

Parking: 21 designated residential parking spaces, 25 un-designated overflow spaces, 17 spaces designated for managers of the property/staff. 8 spaces designated for tenant #1(Anytime Fitness), 4 spaces designated for tenant #2 (Massage Envy), 0 spaces designated for tenant #3(Edward Jones) 25 additional street parking spaces for employees. See attached parking plan map for locations of spaces.

Hours of Operation: 24/hours, 365/days year.

Pura Vida Recovery Services is Licensed by the California Department of Healthcare Services to provide detoxification and residential addiction treatment, License: 490041BP

