

CITY OF SANTA ROSA  
CITY COUNCIL

TO: MAYOR AND CITY COUNCIL  
FROM: ERIC LITCHFIELD, CAPTAIN  
POLICE DEPARTMENT  
PAM LORENCE, ADMINISTRATIVE SERVICES OFFICER  
SUBJECT: RESOLUTION OF THE COUNCIL OF THE CITY OF SANTA  
ROSA APPROVING THE PROFESSIONAL SERVICES  
AGREEMENT WITH W. SOLUTIONS, INC. FOR A WELLNESS  
PROGRAM FOR THE POLICE DEPARTMENT

AGENDA ACTION: RESOLUTION

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RECOMMENDATION

It is recommended by the Police Department that the Council, by resolution, approve a Professional Services Agreement with W. Solutions, Inc. dba Wellness Solutions, Encinitas, California in an amount not to exceed \$500,000 over the next five years for wellness services for the Police Department.

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EXECUTIVE SUMMARY

The Police Department requires a wellness program for all staff to reduce injuries, promote healthy lifestyle choices, and overall employee wellness.

BACKGROUND

The Police Department has seen a lot of benefits of having a wellness program over the past sixteen years; and has seen a decrease in the number of injuries reducing the workers' compensation costs to the City. A request for proposals was issued in March 2020 to assess the qualifications of potential wellness providers and, after careful review by a panel of Police Department staff, W. Solutions, Inc. was selected to continue the very successful program that they began in 2004.

PRIOR CITY COUNCIL REVIEW

Not Applicable

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ANALYSIS

The overall wellness of the Police Department staff is critical to providing service to the community we serve. This program encourages the overall health and fitness for sworn and civilian employees by reducing the risk of cardiovascular disease, encouraging improvement of physical fitness levels, reducing the frequency and severity of injuries and overall mental wellness.

During the past two years the Police Department, as well as the entire City, has been affected by the disasters that tore through Santa Rosa. This has shown the ever-increasing need for providing this critical resource to the staff to ensure they are all taking care of themselves first, to serve the community in the long-term better.

FISCAL IMPACT

The total five-year professional services agreement is not to exceed \$500,000. Utilizing \$75,000 per year from Risk Management (GL key 320303) and the remainder will be funded by the Police Department, training, and wellness program fund (GL key 170403). The annual cost is based on a set wellness administration cost of \$78,000 per year plus program expenses, which vary depending on participation in the programs.

ENVIRONMENTAL IMPACT

The Council finds that the proposed action is exempt from the provisions of the California Environmental Quality Act (CEQA) under section 15061(b)(3) and 15378 in that there is no possibility that the implementation of this action may have significant effects on the environment, and that no further environmental review is required.

BOARD/COMMISSION/COMMITTEE REVIEW AND RECOMMENDATIONS

Not Applicable

NOTIFICATION

Not Applicable

ATTACHMENTS

- Resolution/Exhibit A - Professional Services Agreement

CONTACT

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