

**THIS ITEM CONTINUES THE  
PROFESSIONAL SERVICES AGREEMENT  
WITH WELLNESS SOLUTIONS, INC. FOR  
THE CONTINUATION OF THE EXISTING  
WELLNESS PROGRAM FOR THE POLICE  
AND FIRE DEPARTMENT.**

City Council Meeting

June 21, 2016

# Continuing PSA for Safety Wellness

- Approval for this item was part of the June 15, 2016 budget hearings.
- Budgeted in the Worker's Compensation budget as this is where the savings will be realized.
- 2014 was the return of this program and Year 2 results show participation rates of 61% Police and 81% Fire.
- Over 1000 lbs of fat loss with over 150 inches of waistline reduced.

# Recommendation

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It is recommended by the Human Resources Department that the Council, by resolution, approve the Professional Services Agreement with Wellness Solutions, Inc. for the purpose of continuing the Police/Fire wellness program for the fiscal year 2016/2017.