



Proclamation

WHEREAS, Age Friendly Sonoma County and the Council on Aging would like to formally acknowledge International Day of Older Persons on Tuesday October 1, 2019; and

WHEREAS, International Active Aging Week is recognized October 1 – 7, 2019; and

WHEREAS, Monday, October 7 is recognized as Active Aging Together Day; and

WHEREAS, Active Aging Week is recognized nationwide to celebrate positive aging and encourage health, wellbeing and active participation in safe, age friendly activities, to share all that active aging encompasses; and

WHEREAS, the theme for this year's Active Aging Week is "Redefining Active"; and

WHEREAS, active aging is about a broad engagement of physical, social, cognitive, spiritual, professional and civic activities; and

WHEREAS, to commemorate Active Aging Together Day on Monday, October 7, 2019 there will be a 30-minute walk through downtown, immediately followed by a rally in Courthouse Square for the community to support all persons aging in Sonoma County.

NOW, THEREFORE BE IT RESOLVED, that I, Tom Schwedhelm, Mayor of the City of Santa Rosa, on behalf of the entire City Council, do hereby proclaim the week of October 1 - 7, 2019 as

ACTIVE AGING WEEK



Mayor Tom Schwedhelm
October 1, 2019