

# Volunteer Facial Covering Policy

### **POLICY**

In accordance with the <u>Sonoma County Health Officer's Order</u>, due to the COVID 19 pandemic, all volunteers are required to wear facial coverings at all times before they enter any indoor facility besides their residence, any enclosed open space, or while outdoors when the volunteer is unable to maintain a six-foot distance from another person. The expectation is that all City volunteers comply with this Order.

## Facial coverings mean any fabric or cloth that:

- Covers the mouth and nose completely
- Fits snugly but comfortably against the side of the face
- Allows for breathing without restriction
- Is able to be laundered and machine-dried without damage or change to shape

# Volunteers may bring their own facial covering in accordance to the following:

 Face covering prints shall not be obscene, sexually explicit, discriminatory to sex, race, religion, or national origin, extremist, and/or gang-related. If a volunteer has questions about how these standards apply, the volunteer shall immediately contact Kim Hatch, Volunteer Recreation Coordinator, for consideration and determination.

The City shall make available disposable one-time use face masks to volunteers as needed.

#### **PROCEDURE**

# **Face Covering Safety**

If a face covering is used improperly or not kept clean, the covering itself can become a hazard to the user.

- Facial coverings are not a substitute for social distancing.
- The face covering shall be washed before the next work shift.
- The user should limit touching their face or their facial coverings and should wash their hands before applying their facial covering, shortly after touching their facial coverings and after removing their facial covering.
- Facial hair may impede the filtering function of facial coverings.
- It takes more effort to breathe through a face covering and it can increase the risk of heat stress. Take frequent breaks, particularly if working in the heat or doing heavy work.
- If you feel dizzy, faint, lightheaded, nauseous, or become disoriented, tell someone, go to a safe area, remove your face covering, and get medical attention if necessary.
- Volunteers with heart conditions or lung disease should consult their doctors and notify the City Volunteer Recreation Coordinator if there is a safety issue associated with wearing a face covering.

## Face Coverings During High Heat Procedures

Wearing masks/face coverings can increase the risk of Heat Related Illnesses due to the added burden of heat load from exertion/workload.

- Work should be schedule during the cooler parts of the day (early-morning or evening) or postponed until a later date when temperatures are cooler.
- Rotate tasks between heavy work and less physically demanding job tasks.
- Reduce length of work shifts or stop work altogether.