



What's Upcoming

Oktoberfest

Come celebrate autumn at the annual Oktoberfest featuring a BBQ lunch with brats and non-alcohol beverages. Enjoy live accordion and polka dance music performed by Steve Balich.

Friday, September 17 12-1:30pm

Finley Center Courtyard

\$6 members, \$10 non-members (Seniors 50+)

Pre-registration required

Upcoming Trips

Now booking for 2021 & 2022! Call 877-953-8687 or pick-up a fliers at the senior centers.

Premier World Discovery presents:

- New Orleans Holiday – Dec 5, 2021
- Arizona Desert Escape – Feb 27, 2022
- Magnolia Trail & Heart Of Texas – April 23, 2022
- Utah's Mighty National Parks By Rail – June 16, 2022
- Landscapes & Lighthouses Of Coastal Maine - August 13, 2022
- A Culinary Journey Through Tuscany – October 18, 2022
- Vienna & Christmas Markets Of The Danube – November 28, 2022

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Welcome Back, We've Missed You!

Senior Centers Now Opening in Phases

As we reopen our recreation facilities and discover our way forward as a community amid this pandemic, we look forward to welcoming you back to the City of Santa Rosa's Person Senior Wing and Steele Lane Community Center! Your two senior centers are important resources for healthy aging, helping you to stay active and independent. While making care calls during the closure, we heard how much you missed your favorite activities and seeing your friends. Now (finally!), the day has come when we can safely reopen in phases, and we look forward to offering a full schedule of activities soon. See page two for a detailed reopening schedule, and please plan to join us!

Thanks for Staying Close During Time Apart



We are so grateful for the ways we connected during the past year! It's amazing how masked faces with smiling eyes at a drive-thru event can brighten the day! We loved seeing you at Caravan to Candyland, where the School of Rec kids were our greeters and seniors spun the wheel for prizes. To celebrate the Kentucky Derby, we enjoyed serving you a generously donated Chick-Fil-a lunch on a beautiful spring day, and seeing your festive hats! Car Bingo at Franklin Park was also a fun way to stay in touch. We offer thanks to Safeway, Pacifica Senior Living, Cold Stone Creamery, and Santa Rosa Water for their donations. Most of all, we say thank YOU to our senior community for your strength and resilience during such a difficult time.

Mark Your Calendar

PSW = Person Senior Wing
STL = Steele Lane Center

JULY

July 5 Independence Day, Centers Closed
July 23 Dance, SwingSet, Finley*
July 30 Dance, Steve Luther, Finley*

AUGUST

Aug 6 Dance, Tom Shader Trio, Finley*
Aug 13 Dance, Carl Green Band, Finley*
Aug 20 Hawaii Day Dance, Steve Luther, Finley*
Aug 27 Dance, SwingSet, Finley*

SEPTEMBER

Sep 3 Dance, Tom Shader Trio, Finley*
Sep 6 Labor Day, Centers Closed
Sep 10 Dance, Carl Green Band, Finley*
Sep 17 Oktoberfest, Finley Courtyard*
Sep 17 Dance, Steve Luther, Finley*
Sep 24 Dance, SwingSet, Finley*

*Pre-registration required

New Activity Spotlight

Legal Consultations

Attorney: Roy Johnston
Person Senior Wing/Rm28
4th Thu, (7/22) 3rd Thu, (8/19, 9/16)

FREE members, \$5 non-members (Seniors 50+)
Pre-registration required

Dementia Caregivers Support Group

Instructor: Susan Kay Gilbert M.A. Edu
Person Senior Wing/Rm28
Wed, 10:30-12pm \$5.50 members, \$6 non-members
Pre-registration required

Activity Spotlight

Balance with Jae

Some groups continued to meet online and outside during the pandemic including Balance with Jae. Students missed class and each other so much they began meeting in a park. Balance with Jae at Person Senior Wing begins July 6.

Common Ground Dog Training with Mike Ossenbeck

Held outside in the Finley Courtyard, Mike's dog training classes have continued, helping many "CO-VID puppies" and their owners to bond for a happier shelter-in-place experience. Summer classes are booking up but check back in early August at SantaRosaRec.com for the fall and winter schedule.

Bingo

We had a lot of fun honking for Bingo during Car Bingo at Franklin Park this past year! Now Bingo is back at Steele Lane Community Center in the larger auditorium to accommodate COVID protocols. No food/drink; facial coverings and pre-registration required.



Community Center News

Person Senior Wing Phased Reopening Schedule

All current phased reopening activities are located at Person Senior Wing except Billiards and Bingo, which are at Steele Lane Community Center. Additional senior activities will resume at Steele Lane in August. Activities are subject to change.

Phase 1 Activities – June 21 – July 2, 2021:

Needlecraft
Hand & Foot Cards
Dementia Caregivers
Mah Jong
Seven Cards (1st & 3rd Thu)
*Pre-registration required

Duplicate Bridge (exp.) Computer Lab
Spanish Pedro (exp.)
Party Bridge (exp.) Pinochle exp.
On the Ball* Scrabble
Billiards at Steele Lane* Bingo at Steele Lane*

Phase 2 Activities – July 6 - 16, 2021:

Ukulele – Bill's Beginners
Balance – Jae
Yoga – Donna
Ukulele – James (exp.)
Legal Consultation - Roy (3rd Thur)
Photography (1st & 2nd Tue)
Watercolor Studio

Brand New to Uke (2nd & 4th Mon)
Pilates – Jae
Ping Pong (beg. & inter. & adv.)
Chair Volleyball – Jae
Tai Chi
Book Club (2nd Mon)

Phase 3 Activities – July 19 - 23, 2021:

Boomer Blast Fitness – Gloria
Line Dance Jam – Barbara (high beg.)
Line Dance – Barbara (new beg.)
Line D. Improver - Barbara (high beg.)
Barely Beginning Uke (1st, 3rd, 5th Mon)
*Pre-registration required

Zumba Gold – Jill
Zumba Basics – Gloria
Ballroom Dance*

Full Reopening – August 2, 2021:

All activities above and Zumba Basics with Gloria.
More senior activities will resume at Steele Community Center in August.

Some Previous Drop-In Programs Now Require Pre-Registration

While many activities are still available on a drop-in basis, some are changing to require pre-registration and you will need to have a client account to register online. Please call the senior center if you need assistance. Also, weekly computer lab sessions are available where you can learn more about how to register for activities online.

See What's Available and Register at: [SantaRosaRec.com](https://santarosarec.com)

Click on Programs & Events, then click on Active Adults

