



SONOMA STATE  
UNIVERSITY

# Pre-Collegiate Programs

*A federally funded college assistance program designed to help students achieve their dreams.*



# There are two Pre-Collegiate Programs



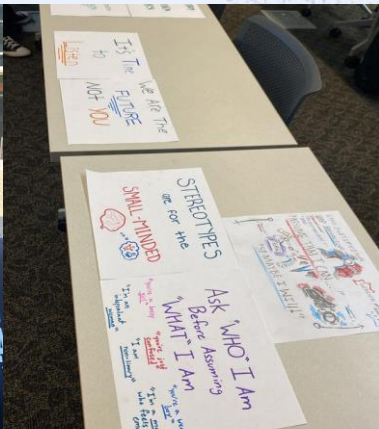
The background is a light blue-tinted collage of three images. On the left, a classroom scene with students at desks and a whiteboard. In the center, a student in a white jacket walking on a campus path. On the right, a statue of a runner with the number 307 on their bib, standing on a pedestal.

**All Pre-Collegiate  
Programs offer *free*  
services, meals, supplies,  
field trips, tutoring,  
transportation, tech, and  
more**





***This is what we do!***





# Upward Bound Programs

[sonoma.edu](http://sonoma.edu)

- 9th-12th grade program
- Mandatory 6-week Summer Academy
- Saturday Academy every other week during the school year
- Field trips and college tours
- Workshops, 1-1 tutoring, test prep
- Application fee waivers
- Free school supplies





# Academic Talent Search Programs

- 6th-12th grade program
- Mandatory 1-week Summer Academy
- High school transition workshops for 8th graders
- Field trips and college tours
- Workshops, 1-1 tutoring, test prep
- Application fee waivers
- Free school supplies

# Field trips & College tours



- Both day and overnight trips
- Transportation, tickets, meals, and hotel provided
- Usually consist of a college visit and a trip to a nearby activity
  - Ex: SF state tour, Giants game



# Field trips & College tours



UC Santa Barbara



Monterey Bay Aquarium



Stanford University



Great America



University of Washington,  
Seattle



Universal Studios Hollywood





# Summer Academy/ Workshop

sonoma.edu



- Length depends on program:
  - UB: 6 weeks
  - ATS: 1 week
- Monday - Friday 8:30am-2:30 pm
- 60-90 minute class periods
- Games, activities, spirit days, workshops, guest speakers, and more!
- Transportation and meal/snacks provided

# Upward Bound Saturday Academy

sonoma.edu



- 10 Saturdays per school year, 5 per semester
- Games, workshops, activities, guest speakers, and field trips
- Transportation and meal/snacks provided



# Academic Advising

- Each student is assigned to an advisor.
- Advisors visit schools and host workshops
- Students can schedule office visits and meet 1-1 with their advisor







# Parent Workshops

[sonoma.edu](http://sonoma.edu)

- Tips on helping with the transition from K-12 to college
- College Application and FAFSA tutorials
- Financial literacy courses

# Who qualifies?

- Some programs require US Citizenship or Permanent Residency
- Families who meet **at least one** of the following requirements:
  - Low-income families*
  - Families where neither parent/guardian has a 4-year bachelor's degree awarded in the US*
  - Children in the foster care system or houseless youth*

# Who counts as “low income”

The Federal Government  
makes that decision



sonoma.edu

Family Size	Maximum Yearly Income
1	\$22,590
2	\$30,660
3	\$38,730
4	\$46,800
5	\$54,870
6	\$62,940
7	\$71,010
8	\$79,080

Source:

<https://www2.ed.gov/about/offices/list/ope/trio/incomelevels.html>





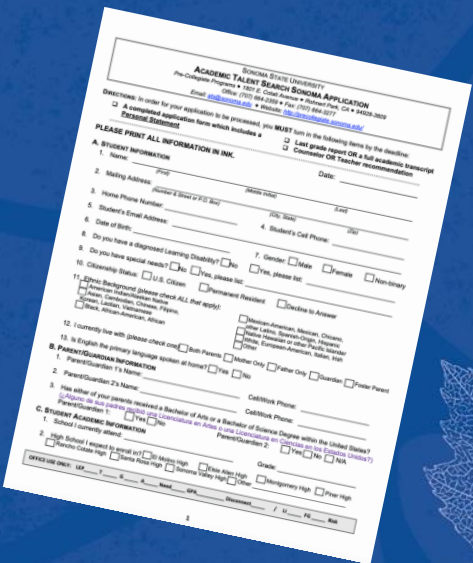
# Who counts as “first generation”

sonoma.edu

Any student whose parent(s) or guardian(s) fit into the categories below:

- Never received a **4-year Bachelor’s Degree**
- Have an Associate’s Degree
- Have completed some college, but never earned a degree
- Are currently in college
- Went to vocational school or trade school

# What's the application process?



Sonoma State University  
ACADEMIC TALENT SEARCH SONOMA APPLICATION

For Children/Programs • 1001 E. Coast Avenue • Santa Rosa, CA • 95402-3600  
Email: [talent@sonoma.edu](mailto:talent@sonoma.edu) • Phone: (707) 864-3077 • Website: [www.sonoma.edu](http://www.sonoma.edu)

**DIRECTIONS:** In order for your application to be processed, you MUST fill in the following items by the deadline:  
 A completed application form which includes a  List grade request OR a list academic transcript  
 Parental consent OR a teacher recommendation

**PLEASE PRINT ALL INFORMATION IN INK.**

**A. STUDENT INFORMATION**

1. Name: \_\_\_\_\_ Date: \_\_\_\_\_

2. Mailing Address: \_\_\_\_\_  
(Include a Street or P.O. Box) (City/State) (Zip)

3. Home Phone Number: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

4. Student's Email Address: \_\_\_\_\_ 5. Student's Cell Phone: \_\_\_\_\_

6. Date of Birth: \_\_\_\_\_

7. Do you have a diagnosed Learning Disability?  No  Yes, please list: \_\_\_\_\_

7. Gender:  Male  Female  Non-binary

10. Citizenship Status:  U.S. Citizen  Permanent Resident  Student in Advance

11. Ethnic Background (Please check ALL that apply):  
 African American/Black/African American  
 Asian American/Asian  
 Hispanic American/Latino/Latina  
 Native American/Alaska Native  
 Pacific Islander  
 Other

12. Currently live with (please check one):  Both Parents  Mother Only  Father Only  Guardian  Foster Parent

13. Is English the primary language spoken at home?  Yes  No

**B. PARENT/GUARDIAN INFORMATION**

1. Parent/Guardian 1's Name: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

2. Parent/Guardian 2's Name: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

3. How often do your parents receive a Bachelor of Arts or a Bachelor of Science Degree within the United States?  
(Include all US states)  Once  More than once

**C. STUDENT ACADEMIC INFORMATION**

1. School currently attend: \_\_\_\_\_  
Parent/Guardian 2: \_\_\_\_\_  
 Yes  No

2. High School I expect to attend in:  20 \_\_\_\_\_  
 Santa Rosa High  Santa Rosa High  Sonoma State High  Other \_\_\_\_\_

Yes  No  N/A

OFFICE USE ONLY: LPT \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

# Checklists for each program

## Academic Talent Search:

- Fully filled out and signed application
- One short answer question
- Full Transcript with most recent grades
- Our team will process and score each application
- Decision letters will be released on a rolling basis
  - Students could start the program as early as Spring 2025 if they apply early

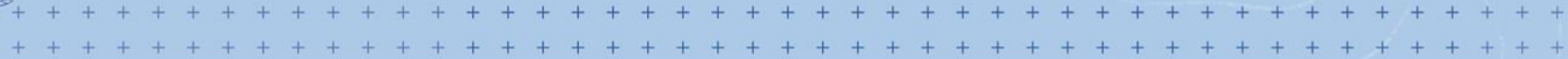
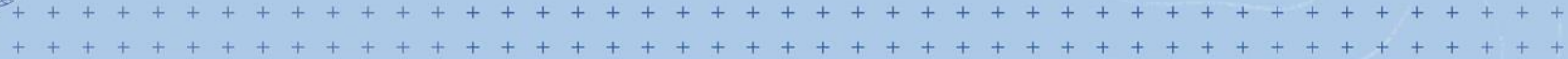
## Upward Bound:

- Fully filled out and signed application
- Seven short answer questions and a personal statement
- Income Verification Form
- 1 Teacher Recommendation & 1 Counselor Recommendation
- Full Transcript with most recent grades
- Once application is processed, our team will schedule a student/parent interview
- Decision letters will be released in April of 2025





# Addressing Common Concerns

- Language Barrier
  - Time commitment
  - Application is too much paperwork
  - Disability accommodation
  - Finances
  - Transportation
- 
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# Contact Us!

## Upward Bound:

[upwardbound@sonoma.edu](mailto:upwardbound@sonoma.edu)

707-664-3273

## Academic Talent Search

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707-664-2359

## Upward Bound Piner:

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707-664-2359



## Instagram:

[@upwardbound.ssu](https://www.instagram.com/upwardbound.ssu)

[@upwardboundpiner](https://www.instagram.com/upwardboundpiner)

[@ats.sonoma](https://www.instagram.com/ats.sonoma)



