



Proclamation

WHEREAS, cardiac arrest is a leading cause of death worldwide, and each year more than 350,000 cardiac arrests occur outside of hospitals in the United States, with approximately 10 percent of people surviving; and

WHEREAS, about 70 percent of out-of-hospital cardiac arrests occur at home, meaning that people nearby—often family members—are the first and most critical link in the chain of survival; and

WHEREAS, immediate cardiopulmonary resuscitation (CPR) can double or even triple a person's chance of survival, yet only about 41 percent of people who experience cardiac arrest receive immediate CPR from someone nearby, and fewer than 12 percent receive aid from an automated external defibrillator (AED) before advanced help arrives; and

WHEREAS, the American Heart Association has set a bold goal to double survival from out-of-hospital cardiac arrest by 2030, through its Nation of Lifesavers™ initiative, empowering people everywhere to confidently perform CPR and use AEDs; and

WHEREAS, straightforward, community-based solutions—such as CPR and AED education, public access to defibrillators, and cardiac emergency response plans (CERPs) in schools, workplaces, and public spaces—can save lives and strengthen community readiness.

NOW, THEREFORE, MAY IT BE RESOLVED, that I, Mark Stapp, Mayor of the city of Santa Rosa, on behalf of the entire City Council, in recognition of our community, do hereby proclaim to be February 2026 as

AMERICAN HEART MONTH

and encourages all residents to learn CPR, promote awareness of cardiac arrest and emergency response, and join the effort to build a Nation of Lifesavers™, ensuring that every person, everywhere, is prepared to act in a cardiac emergency.

Mayor Mark Stapp
February 10, 2026

