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City of Santa Rosa
Planning & Economic
Development Department
03/28/2023
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Sonoma Strength Academy
Project Proposal
03.28.2023

Site Information

Address:	1215 Briggs Ave., Santa Rosa, CA 95401
APN#:	037-012-007
Zoning:	IL-SA – Light Industrial North Station Area
Setbacks	
Front:	7.5ft if adjacent to residential zone or use, set by CUP approval elsewhere
Side:	(Interior and Corner) 5ft if adjacent to residential zone or use, set by CUP approval elsewhere
Rear:	10ft if adjacent to residential zone or use, none required elsewhere
Lot Coverage:	Determined by CUP – no increase in lot coverage is being proposed.
Building Height:	2 Stories (25ft) minimum, 5 Stories (55ft) minimum
Building Area:	Existing Building SF ~1,259SF

Project Description

Sonoma Strength Academy (Crossfit Proprius) is the premier Crossfit Gym in Santa Rosa helping people of all fitness levels reach their goals. Whether you're a beginner or a seasoned CrossFitter, their experience and knowledge ensure that members get the most out of every workout. Their facility offers a wide range of classes and services to help members reach their fitness goals, no matter their skill level or experience. Led by experienced and knowledgeable coaches, CrossFit Proprius offers a variety of classes and programming to help members reach their goals.

The project proposes the relocation of Sonoma Strenth Academy from their existing location at 808 Donahue Street to the vacant building at 1215 Briggs Ave. The relocation will help to further develop the industrial area providing the surrounding neighborhood a new and exciting crossfit venue promoting community health and wellness. The project proposes the reuse of the existing

building on site with no modifications to the exterior of the building. The parking will be updated to conform with current Santa Rosa zoning code.

Days and Hours

Monday – Thursday 5:30am-7:00pm

Employees

14-16 Employees