



PO BOX 2036  
WINDSOR CA, 95492

City of Santa Rosa  
Planning & Economic  
Development Department

03/28/2023  
RECEIVED

**Sonoma Strength Academy  
Project Proposal  
03.28.2023**

**Site Information**

Address: 1215 Briggs Ave., Santa Rosa, CA 95401

APN#: 037-012-007

Zoning: IL-SA – Light Industrial North Station Area

Setbacks

Front: 7.5ft if adjacent to residential zone or use, set by CUP approval elsewhere

Side: (Interior and Corner) 5ft if adjacent to residential zone or use, set by CUP approval elsewhere

Rear: 10ft if adjacent to residential zone or use, none required elsewhere

Lot Coverage: Determined by CUP – no increase in lot coverage is being proposed.

Building Height: 2 Stories (25ft) minimum, 5 Stories (55ft) minimum

Building Area: Existing Building SF ~1,259SF

**Project Description**

**Sonoma Strength Academy** (Crossfit Proprius) is the premier Crossfit Gym in Santa Rosa helping people of all fitness levels reach their goals. Whether you're a beginner or a seasoned CrossFitter, their experience and knowledge ensure that members get the most out of every workout. Their facility offers a wide range of classes and services to help members reach their fitness goals, no matter their skill level or experience. Led by experienced and knowledgeable coaches, CrossFit Proprius offers a variety of classes and programming to help members reach their goals.

The project proposes the relocation of Sonoma Strenth Academy from their existing location at 808 Donahue Street to the vacant building at 1215 Briggs Ave. The relocation will help to further develop the industrial area providing the surrounding neighborhood a new and exciting crossfit venue promoting community health and wellness. The project proposes the reuse of the existing

building on site with no modifications to the exterior of the building. The parking will be updated to conform with current Santa Rosa zoning code.

**Days and Hours**

Monday – Thursday 5:30am-7:00pm

**Employees**

14-16 Employees