

# MAN 2 MAN – URBAN YOUTH ADVOCATE

## Empowering and Uplifting Tomorrow's Leaders Summary of Services

Discover our diverse range of services in intervention, recovery, and education for marginalized youth and men. Explore the possibilities with us.  
Let's create a brighter future together!

**DR. STEWART PERRILLIAT**

EXECUTIVE DIRECTOR

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# MAN 2 MAN: Our Mission

**The Mission of Man 2 Man – Urban Youth Advocate is clear and powerful:** We're a nonprofit dedicated to breaking the cycle of Father Absence in marginalized families across the SF Bay Area. We equip young men and Fathers with culturally relevant knowledge, essential skills, vital resources, and unwavering support to help them not just survive, but truly thrive.

Our program offers a diverse range of life skills that nurture emotional, mental, physical, and spiritual growth. By achieving these goals, we empower our clients to emerge as leaders within their families and communities, driving positive change for generations to come.

**We Are Strengthening Families, One Father at a Time!**

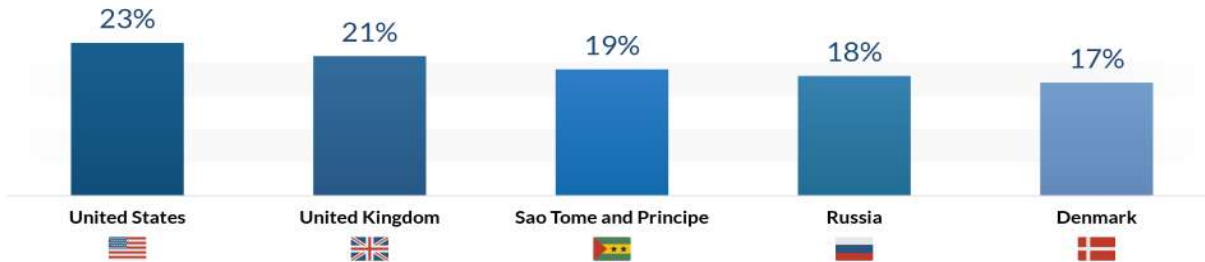


# 3 Single Parent Statistics You Can't Ignore

# The Problem

## 1 Countries with High Percentage of Single-Parent Households

Sources: Pew Research



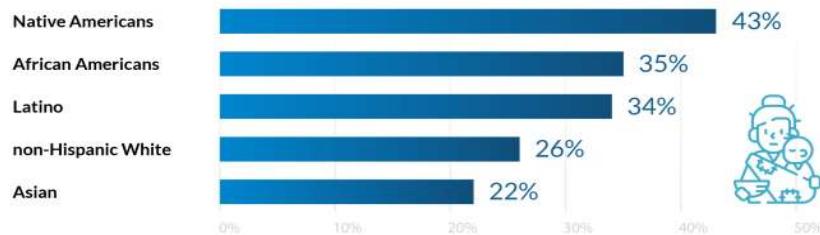
## 2 US Single Parent Households by Ethnicity

Sources: The Annie E. Casey Foundation



## 3 US Poverty Rates for Families of Unmarried Mothers of Color

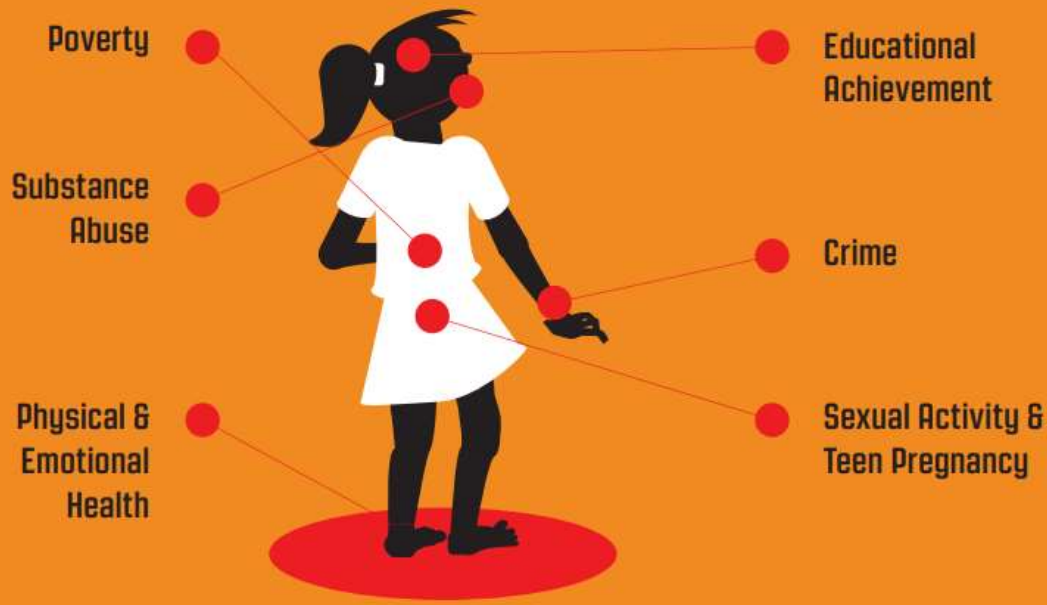
Source: National Women's Law Center




Our urban communities continue to suffer disproportionately from the social ills of our time.


More than 20 million children live in a home without the physical presence of a father. Millions more have dads who are physically present, but emotionally absent.


# Know the Symptoms of the Fatherless




## Physical & Emotional Health


**80%**  7  
of adolescents in psychiatric hospitals come from fatherless homes


**2X**  8  
More likely to commit suicide


**Fatherless children** experience more accidents and a higher rate of chronic asthma, headaches, and speech defects.  9

## Crime

**70%**  13  
Of adolescents in juvenile correctional facilities come from fatherless homes

**60%**  15  
Of rapists were raised in fatherless homes

**11X**  14  
More likely to have violent behavior

**20X**  16  
More likely to be incarcerated


## Substance Abuse


**10X**  4  
More likely to abuse chemical substances


**71%**  5  
Of all adolescent substance abusers come from a fatherless home 6

**Drug and alcohol abuse** is greater among fatherless children  4


## Poverty

Fatherless families are **4X**  1 more likely to be raised in poverty 2

**44%**  1 more likely to raise children living in poverty


**90%**  3 of all homeless and runaway children are fatherless 3


## Sexual Activity & Teen Pregnancy


**9X**  17 More likely to be raped or sexually abused in a home without a biological father 17

**70%** 18 Of teen pregnancies happen in fatherless homes 18

## Educational Achievement

Fatherless children are more likely to score lower than the norm in reading and math 10 

**9X**  11 More likely to drop out of school 11

Less likely to attain academic and professional qualifications in adulthood 12 

Studies have shown that when a child is raised with a father in the home he or she is:

Four times less likely  
to live in poverty

Seven times less  
likely to become  
pregnant as a teen

Two times as likely to  
complete high  
school

Less likely to have  
behavioral problems

Less likely to face  
abuse and neglect  
leading to  
psychological  
trauma

Less likely to abuse  
drugs and alcohol

Less likely to go to  
prison

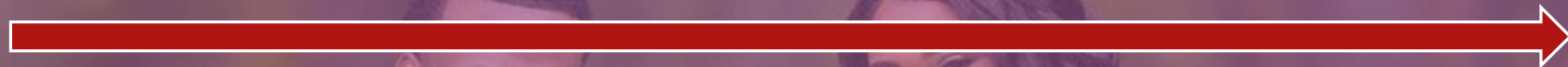
Less likely to suffer  
obesity

Less likely to commit  
a crime

**MAN 2 MAN IS STRENGTHENING FAMILIES  
ONE FATHER AT A TIME**

# Man 2 Man is The Solution

We focus on the father as a solution, not an accessory to the family dynamic. Engagement is not an ideal, but a tool to be used to reduce poverty and increase home life stability. With your help today, we can bring the father back into the equation as a support and protective source. Children with an engaged father are...



Physically  
healthier

More  
financially  
secure

Better  
achievers in  
school

More  
accountable

Less  
impacted by  
negative  
judicial  
engagement

Feel more  
secure and  
confident

Man 2 Man is a special place for fathers of color to learn the skills needed to be the foundation for their children, families, and communities.

# OUR METHOD

## The training is comprised of 5 core curriculums:

Fatherhood 101  
Emotion Management Series  
Conflict Management Series  
Life Skills Series  
Last Time In

With our Fatherhood Advocacy Support and Training (F.A.S.T.) being a focal point of our work.





## EMOTION MANAGEMENT

Our 16-session psychoeducational training includes:

- ▶ Men and Their Emotions
- ▶ Managing Emotions Through the Stress
- ▶ Emotional and Social Intelligence

## CONFLICT MANAGEMENT

This 10-session training includes:

- ▶ Why We Fight
- ▶ Healthy Conflict
- ▶ Intercultural Conflict/Implicit Bias

## LIFE MANAGEMENT

The Life skills are highly customizable. The most popular classes are:

- ▶ Cypress Mandela Training Center
- ▶ Intimate Partner Violence Prevention
- ▶ Financial Literacy
- ▶ Being Bilingual

## FATHERHOOD 101

Our Fatherhood series is made up of 16 highly interactive sessions and workshops. This encourages a bonding of participants, creating the peer support and fellowship that lasts long after the class ends.

- Fathers – The Foundation
- What's Love Got to do With it?
- Closing the Door to Gatekeeping
- Cultural Aspects of Discipline
- 50/50 – Navigating the Court System and Custody/Support

## LAST TIME IN

In addition to the FAST program curriculums, our fathers who are also returning citizens may also receive support in the Last Time In Program, including:

- Pre-release counseling/training
- Housing Assistance
- Transportation
- Job training/placement via partner organizations

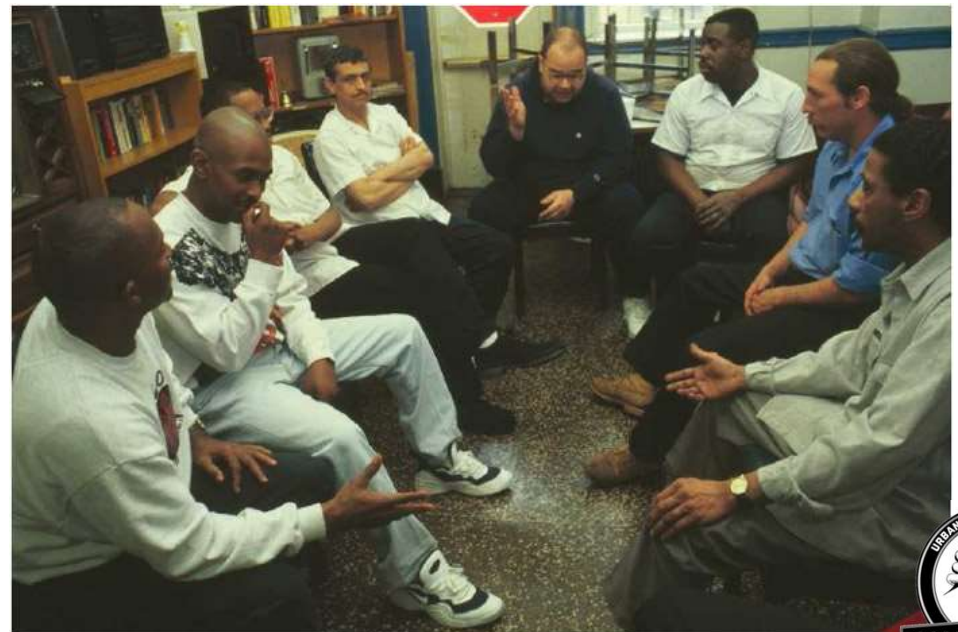


# INTIMATE PARTNER VIOLENCE PREVENTION

- ▶ What Is Domestic Violence?
- ▶ Causes of Domestic Violence
- ▶ The Cycle of Violence
- ▶ The Physiology of Anger
- ▶ The Relationship Between Anger and Depression
- ▶ Substance Abuse and Domestic Violence
- ▶ How to Engage in Conflict Resolution
- ▶ Effective Listening
- ▶ How to Identify Triggers That May Lead to Domestic Violence
- ▶ Relaxation Training and Mindfulness

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The IPV Program is 52-session educational training on the causes of domestic violence and ways to prevent it. For court mandated participants as well as self-enrolled clients.



# San Quentin State Prison

We currently teach our “**Last Time In**” program in San Quentin State Prison. The program is a culmination of four core curriculums.

- **Intimate Partner/Domestic Violence Prevention**
- **Emotion Management**
- **Conflict Management**
- **Fatherhood 101- Inside Out Dad**

These curriculums are designed to increase accountability, enhance violence prevention, and reduce recidivism by empowering incarcerated men with the culturally relevant knowledge, skills, and real-world strategies to master their emotions and deftly navigate tense situations, ultimately steering them towards peaceful, non-violent resolutions.

This program dives deep into the realm of emotions, honing critical skills like self-awareness, self-regulation, and empathy. It's all about empowering participants to recognize that they hold the reins to their choices, and they're accountable for the consequences, especially how they impact others. These techniques pave the way for our ultimate objectives: molding men within the prison system into resilient, non-violent role models and preparing them to be leaders for their families and communities upon release.

# WHAT OUR PARTNERS SAY ABOUT OUR PROGRAM

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We give great thought to choosing the partners with whom we do this work, and we couldn't be happier to have engaged with Man2Man beginning in 2021. The lived experience of the team from Man2Man, their intense long-term study of many of the key issues we face, knowledge of the specific needs of our community--and ability to resonate and connect, has made our work together vitally important.

Man2Man provides foundational life skills that apply equally to all who seek greater awareness on the difficult path to self-sufficiency, but most especially for our young men of color raised in a community drowning in violence, trauma, and societal neglect. Many of these skills are simply overlooked when families require wholehearted focus on skills required to simply survive for another day, week or year.

I have seen the benefits from Man2Man's "men and emotions," and "conflict management" curriculum--not only to the roughly 125 attendees thus far, but to our own program outcome goals as well. We have no doubt that the invaluable Life skills and Fatherhood training from Man2Man will enhance our own success, by further empowering our constituents on the path to stable housing, employment, family environments, and self-sufficiency. I strongly recommend Man2Man Urban Youth Advocate and look forward to our continued work together in service to the vast unmet needs of our community.

*Donald Frazier – Executive Director*



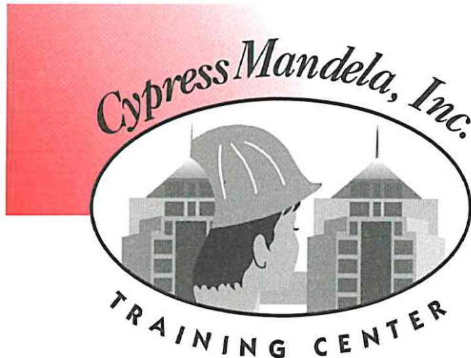
We want to thank Man 2 Man for providing a critical service to our clients for over a year now. Your approach to help each client develop the necessary communication and cognitive skills for healthier interactions has been highly successful. We have witnessed a positive change in how the clients engage with each other and their instructors. All clients look forward to the lessons and eagerly participate in the activities.

Jenny Linchey, PAL program manager and Probation Specialist with Alameda County Probation Department wrote to say, "All 9 students who received conflict resolution instruction from Mr. Perrilliat said they liked the lessons a lot, on a post-program survey. Specific feedback from students included the fact that the lessons made them think more about the consequences of their decisions. It is clear from watching Mr. Perrilliat's classes that he can connect with and inspire his audience so that his messages resonate on a personal level. His instruction in conflict resolution is important for people of all ages, but particularly teenagers and young adults who are still figuring out how to express themselves and relate to others."

Man 2 Man's Conflict Management classes is having a significant impact on all our participants, and, in turn, they have shared about improved conditions and relationships at home, with friends, and professionally.

We look forward to continuing our partnership and commitment to build healthier, wealthier and safer communities for youth and adult underserved populations.

*Eric Shanks – Executive Director*



Harold Pearson has been SPAAT's Chief Executive Officer since 2008. He oversees the organization's strategy. Under his guidance, Bay Area student-athletes have secured millions of dollars in academic and athletic scholarships.

Harold draws on his own experiences as a highly recruited athlete, community college transfer and a Division-1 football player to address the challenges faced by student-athletes adjusting to life from high school to collegiate level and beyond.

He is a graduate of the 2021 Man 2 Man program. During the program he has learned how to intentionally and effectively nurture relationships with his children. The program has also increased his advocacy skills for young men across the Bay Area.

Mr. Pearson is currently working on creating structures that allow for the Man 2 Man program to be replicated in Oakland Public schools.

*Harold Pearson – CEO*



# TESTIMONIALS

MAN 2 MAN PARTICIPANTS GAIN KNOWLEDGE TO IMPLEMENT IN THEIR DAILY LIVES



**Vahid Boyd** was a Man 2 Man participant in our domestic violence program and is now the owner of [Grandeur](#) a vegan restaurant in downtown Oakland.



**Damarea Fort** talks about his experience with Man 2 Man.



**Brandon** learns to treat others with compassion.



# EDUCATION

- ▶ University of Redlands, Doctor of Ministry, Executive of Leadership - May 2022
- ▶ San Francisco Theological Seminary, Master of Arts - MA, Theology/Theological Studies May 2015
- ▶ University of Phoenix, Bachelor's degree, Business Administration and Management - 2002

# LICENSES and CERTIFICATIONS

- 24/7 Dad® Western Expansion Project - National Fatherhood Initiative ® - Oct 2021
- 24/7 Father Engagement Academy - How to Use The Vital Topics Guides to Increase Father Involvement - Certificate Of Completion National Fatherhood Initiative ® - Sep 2021
- Cen's Leaders Institute Class XIV - Certificate Of Completion - Center for Excellence in Nonprofits - Jun 2021
- Sanford Institute of Philanthropy - Fundraising Academy - Certificate of Completion John F. Kennedy University – Sep 2020
- Leadership - ELP Spring Cohort - Certificate of Completion - Center for Volunteer & Nonprofit Leadership - Apr 2019
- Alameda County Fathers Corps - Certificate Of Completion -First 5 Alameda County – Oct 2018
- The Riley Center's Domestic Violence Training: Domestic Violence 101, Supporting Survivors, Teen Dating Violence, Safety Planning, The Effects of Trauma, and Understanding Barriers to Services and Support - Certificate Of Completion - St. Vincent de Paul Society of San Francisco - Jun 2018
- Alameda County Domestic Violence Facilitator - Certificate of Completion Allen Temple Health & Social Services Ministries - Dec 2013
- Allen Temple Baptist Church Health and Social Services Ministry Leader - Certificate Of Completion - Social Services Ministries - Sep 2012



# QUESTIONS?

If you have questions on this proposal, feel free to contact Stewart Perrilliat at your convenience by email at [man2man@man2man-uya.org](mailto:man2man@man2man-uya.org) or by phone at 408-750-4334.

Thank you for your consideration.  
Stewart Perrilliat  
Executive Director

THANK  
YOU!



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